CLASSIFICATION OF INDIVIDUALISTIC ADVERSE REACTIONS TO FOODS
(FOOD SENSITIVITIES)

True Food Allergies

Antibody-Mediated Food Allergies

IgE-mediated food allergies (peanut, cows’ milk, etc.)
including oral allergy syndrome
Exercise-associated food allergies

Cell-Mediated Food Allergies

Celiac disease
Food protein-induced enterocolitis
Food protein-induced enteropathy
Food protein-induced proctitis
Other types of delayed hypersensitivity

Either Antibody-Mediated and/or Cell-Mediated

Allergic eosinophilic gastroenteritis
Allergic eosinophilic esophagitis

Food Intolerances

Anaphylactoid Reactions

Metabolic Food Disorders

Lactose intolerance
Favism

Idiosyncratic Reactions

Sulfite-induced asthma

Taken from: