



INSTITUTE OF AGRICULTURE AND NATURAL RESOURCES
FOOD ALLERGY RESEARCH AND RESOURCE PROGRAM

June 11, 2024 - The changes made to the Food Allergens – International Regulatory Chart since the previous version (January 4, 2023) include the addition of five countries: Botswana, Indonesia, Bangladesh, Nigeria and Tunisia.

August 13, 2024 – Thailand includes Molluscan shellfish as a food allergen in an update to (No. 450) B.E. 2567 (2024) Issued by virtue of the Food Act B.E. 2522 July 18, 2024.

October 3, 2024 – Amendment No. 752 to the Food Labeling Standard in Japan was announced by the Japan Consumer Affairs Agency (CAA) on February 6, 2024. The update added macadamia nut and deleted matsutake mushroom to the recommended allergenic ingredients for allergen labeling.

March 7, 2025 – The U.S. Food and Drug Administration has released new guidance <https://www.fda.gov/media/117410/download> to expand its definition of milk to include domesticated cows, goats, sheep and other ruminants. Similarly, eggs as major allergens include domesticated chickens, ducks, geese, quail and other fowl under the definition of eggs for allergen labeling. The guidance also lists tree nuts classified as major food allergens as: almond, Brazil nut, cashew, filbert/hazelnut, macadamia/bush nut, pecan, pine nut, pistachio, and walnut (black, California, Heartnut/Japanese, English, Persian).

Japan will require mandatory allergy labeling for walnuts, effective March 31, 2025. Japan's Consumer Affairs Agency (CAA) also intends to mandate allergy labeling on cashew nuts from the current recommended status and intends to add pistachios to the recommended allergy labelling category. Matsutake mushroom has been removed from and macadamia has been added to the Recommended Labeling list. The CAA stated it will continue to discuss these changes and proposed revisions to the Food Labeling Standards with experts and issue a public comment period before finalizing changes by the end of Japanese fiscal year 2025 (April 2025-March 2026).