

CLASSIFICATION OF INDIVIDUALISTIC ADVERSE REACTIONS TO FOODS  
(FOOD SENSITIVITIES)

True Food Allergies

Antibody-Mediated Food Allergies

IgE-mediated food allergies (peanut, cows' milk, etc.)

including oral allergy syndrome

Exercise-associated food allergies

Cell-Mediated Food Allergies

Celiac disease

Food protein-induced enterocolitis

Food protein-induced enteropathy

Food protein-induced proctitis

Other types of delayed hypersensitivity

Either Antibody-Mediated and/or Cell-Mediated

Allergic eosinophilic gastroenteritis

Allergic eosinophilic esophagitis

Food Intolerances

Anaphylactoid Reactions

Metabolic Food Disorders

Lactose intolerance

Favism

Idiosyncratic Reactions

Sulfite-induced asthma

*Taken from:*

Taylor, S. L. and S. L. Hefle. 2005. Food allergies and intolerances. In: *Modern Nutrition in Health and Disease*, 10<sup>th</sup> ed., ed. M. E. Shils, M. Shike, A. C. Ross, B. Caballero, and R. J. Cousins, LippincottWilliams & Wilkins, Philadelphia PA, pp. 1512-1530 .